



'Teen Talk' at Ridgefield High School

Ashley Casillo, LCSW, MA

Providing a confidential support system in school for students dealing with the wide range of issues that arise in adolescence.



24 Hour Helpline: 203.661.1911

Kids In Crisis, One Salem Street, Cos Cob, CT, 06807

CONTACT INFORMATION

Office

C173, near the counseling suite

Call

Extension 2195

E-mail

acasillo@ridgefieldps.net



Your Teen Talk Counselor

Licensed Clinical Social Worker (LCSW)

Master of Arts in Child Development (MA)

Experience and training in crisis work and managing high-risk behaviors

Trauma-informed practice

What Makes Teen Talk Unique?



Confidentiality

Separation from Academics

Flexibility

Individualized attention

Kids in Crisis Resources Available

CONFIDENTIAL, FREE, AND VOLUNTARY

I am here to work with the individual needs of students as well as the community. The Teen Talk program places a Kids in Crisis Outreach Counselor in your local school to help adolescents in crisis, during the "heat of the moment", and beyond. Your Teen Talk Counselor is at RHS during the academic school year to meet with students during their school day, as needed; and collaborates with families and other providers to make appropriate referrals when mental health issues arise.

Common Presenting Issues

*ANXIETY SYMPTOMS

*DEPRESSION SYMPTOMS

*GENDER AND/OR SEXUAL IDENTITY

*SUICIDALITY/RISK OF HARM TO SELF OR OTHERS

*FAMILY CONFLICT

*PEER CONFLICT

*SCHOOL RISK FACTORS

*ATTENDANCE, *DISRUPTIVE BEHAVIOR *ACADEMICS

*TRAUMA, GRIEF/LOSS

*SUBSTANCE ABUSE AND DEPENDENCE

*EATING DISORDERS

Teen Brain

